



## OF YOUR FREE TIME

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There's no doubt that rest and relaxation are two of the most important parts of your day. But the business travellers and productivity-focused people among us might want to use a portion of their R&R time to get a head start on the week ahead – especially when you're away from home distractions. We've chosen a few top tips to help you maximise the value of your spare time...

TIP 2

TIP 1

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INVEST IN FORWARD PLANNING Forward planning might feel like a bit of a chore at first, but it pays off positively in

your own productivity.

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TIP 3

the long run and helps you form new routines, improve your focus and save time. You can test the waters by making small changes, such as spending twenty minutes in the morning reading up on industry news, preparing meals and snacks for your daily commute or planning a workout so you're ready to clear your head in your lunch break.

# TIME IN YOUR WORKING

When you're busy, it's easy for small tasks to direct your attention away from business-critical activities.

If your working week feels a bit like a whirlwind, it could be a good idea to audit your meetings, projects and

TIPS TO IDENTIFY LOST

tasks to identify lost time. We've put together some top tips to help you gain better visibility and control over your day-to-day operations.









reduce meeting times while maximising team

collaboration. It is a set of guidelines that

determines when and how information should be

communicated within your team. As part of the

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plan, you could encourage team members to include the objective and output on all meeting invites, so key stakeholders can identify the meeting's level of priority.

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that you'd like to break to enhance productivity.

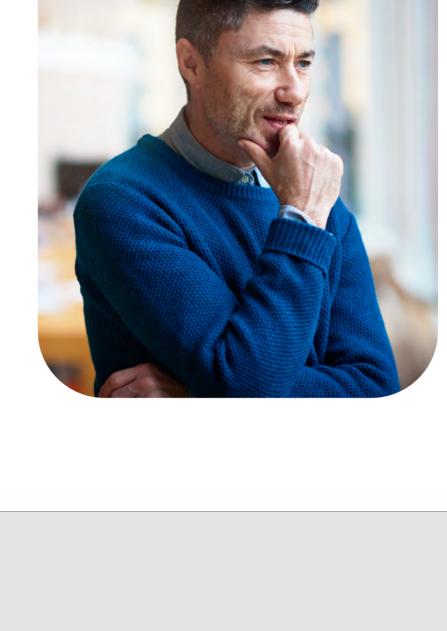
Kaizen is a Japanese concept that refers to continuous

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improvement in the workplace through certain methodologies and reflection practices. Interestingly, three of the key Kaizen concepts are: housekeeping (i.e. forward-planning to stay organised), removing distractions (such as being away from home on a business trip) and standardisation (forming effective habits for better workplace performance). When it comes to maximising productivity, Kaizen culture takes the stance that 'a little goes a long way'.

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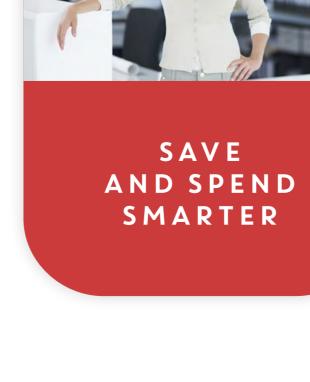
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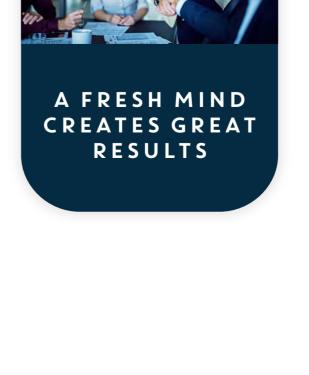
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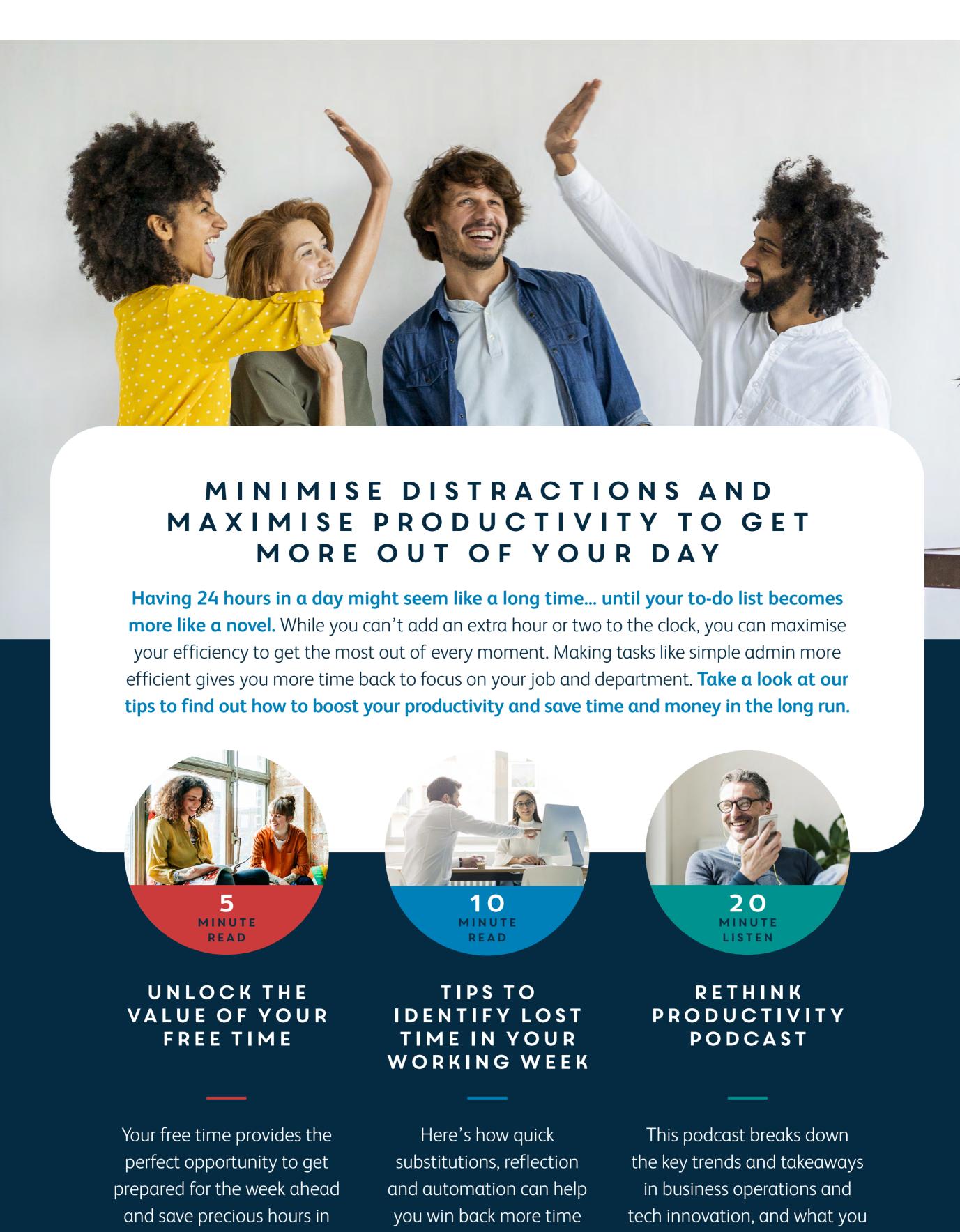
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DIVIDE YOUR WEEK INTO PRIORITIES

TIP 3

can learn from them to improve

your own productivity.

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then divide them into themed days. For example, you could complete all admin on Monday, business development on Tuesday, team check-ins on Wednesday, etc. This helps you easily slot in new tasks according to their category and balance intensive jobs with less-draining ones.

According to successful leaders like Twitter's ex-CEO Jack Dorsey, a great

way to plan is to create a master list of all your goals and tasks for the week,

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**TIP 1:** 

AUDIT

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**TIP 3:** 

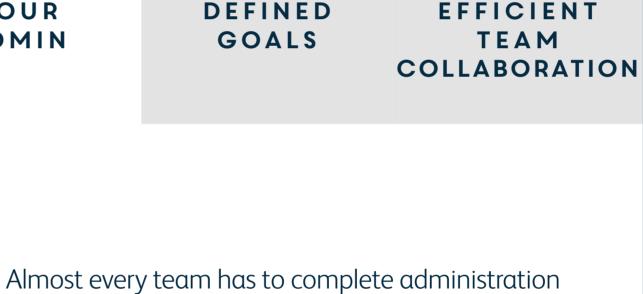


work, whether that's on-site health and safety

inspections, accountancy or scheduling. The good

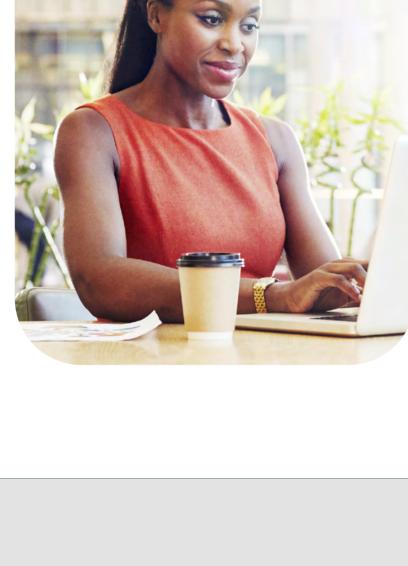
thing is that many of these tasks can be

**TIP 4:** 



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automated using software such as Asana, Stripe and Slack. Another helpful tip is to colour-code your files and documents for easy identification and scheduling. The less time you spend on admin, the more time you have for valuable tasks like coordinating projects, securing new deals or generating extra revenue for your business.

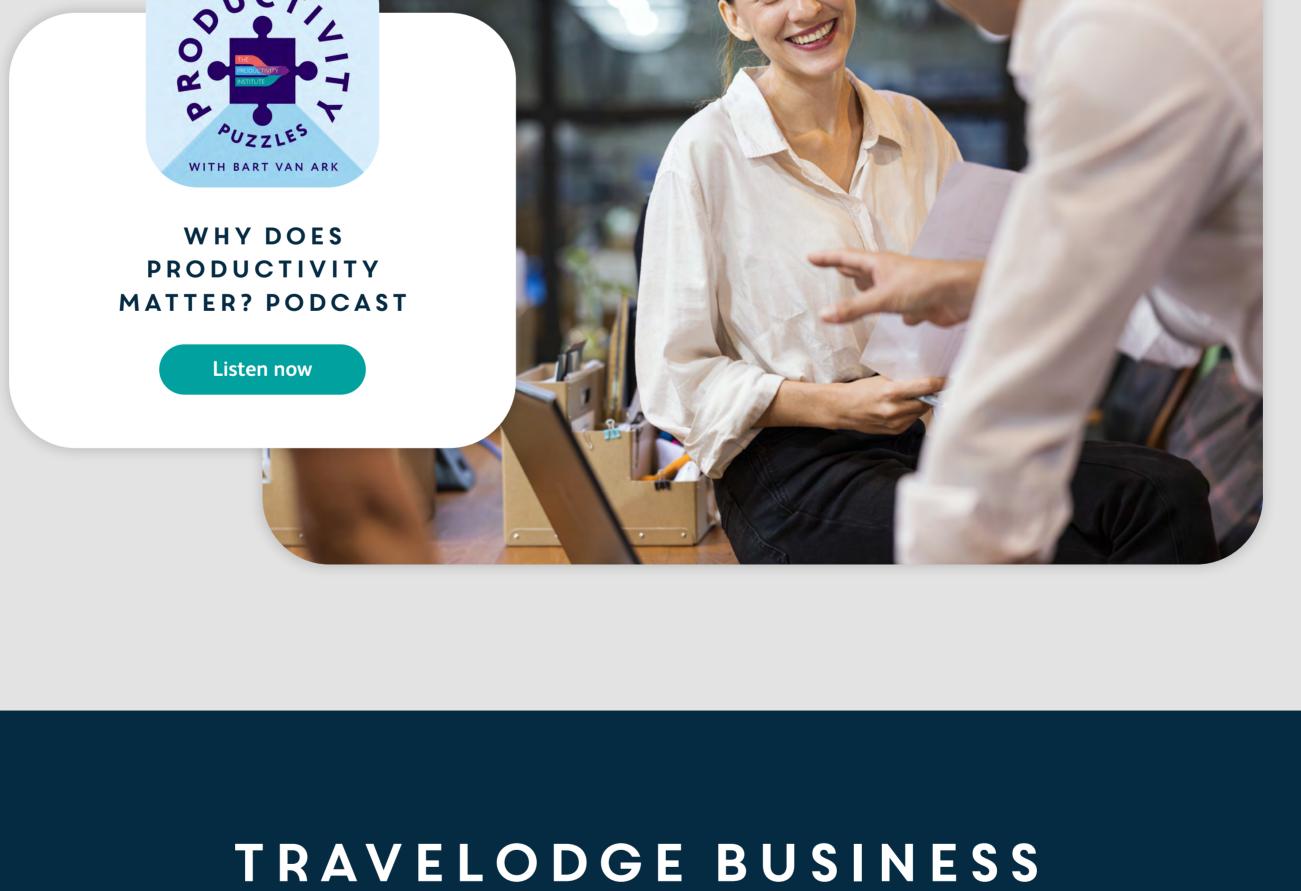
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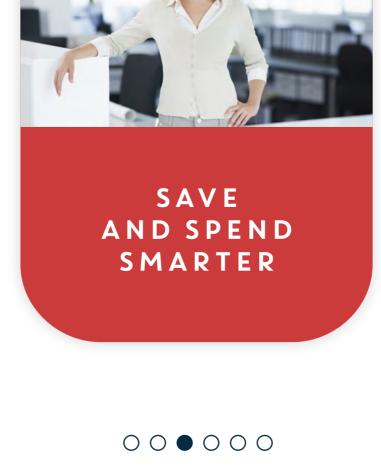
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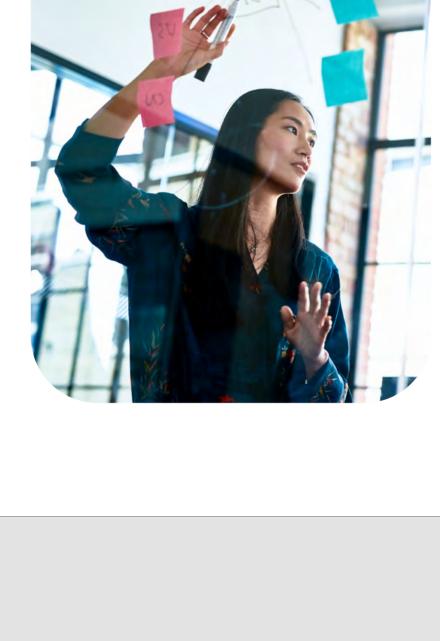
down your goals using strategies like SMART

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helps you pull out key macro achievements as well as smaller milestones along the way, which keeps your motivation high no matter what your workload looks like. Sharing your workplace goals with a manager or colleague helps you remain accountable, embrace any setbacks and find solutions to unforeseen problems. Read our **recent insights** to discover how goal setting is the key to starting the week with a clear direction.

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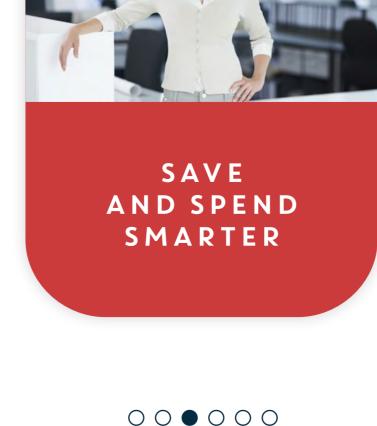
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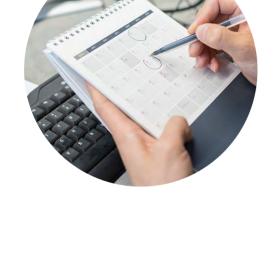
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### everything that will happen during the month, although you can get as prepared

TIME BLOCKING FOR THE MONTH

as possible by taking time to schedule upcoming projects and tasks. Organising in advance helps you identify where you might encounter roadblocks before they happen, such as potential project delays or your team's annual leave.

You know what they say: expect the unexpected. It's impossible to predict

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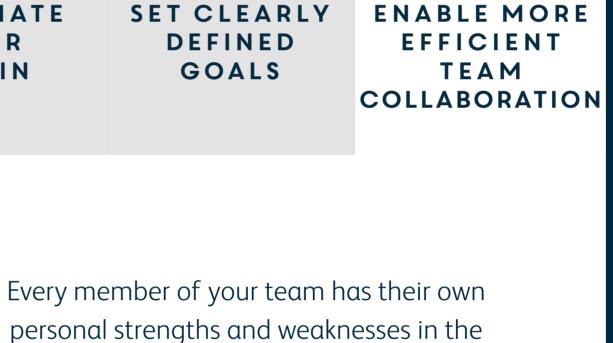








**TIP 4:** 



**TIP 5:** 



trust, engagement and performance.1 About 75% of employers rate teamwork and collaboration as 'very important' for productivity and efficiency, yet only 18% of employees get communication evaluations in their performance reviews.<sup>2</sup> Introducing communication training will help your team collaborate more efficiently, and ultimately reach decisions faster without dwelling on tasks.

workplace, and working together can increase

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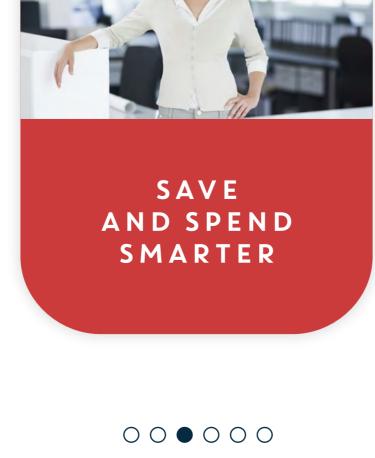
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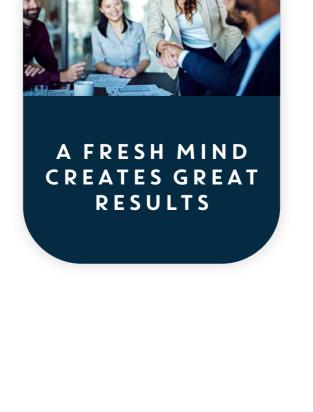
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